

LESSON 4

Lunch: Soup 'n' Sandwich



cheese tomato tuna fish chowder
milk potatoes mushroom clam oyster
beef carrots peas crackers rolls
lettuce salad vinegar mayonnaise

Both at home and in restaurants, soup and sandwich is a popular easy-to-fix lunch. One popular combination is a **grilled** cheese sandwich and tomato soup. The sandwich is made by putting slices of cheese between two slices of bread. It is cooked on a hot, flat surface that has been lightly coated with oil or butter. The sandwich is grilled on both sides until the cheese becomes hot and soft, and **melts**. A sandwich called a melt has only one slice of bread. It has ingredients such as tuna fish placed on top of the bread and then covered with cheese. Then the whole thing is **toasted** until the cheese melts.

Soup is served in a cup or bowl. Because it is hot, it is **sipped** carefully from the cup or **spooned** from the bowl with a soup spoon. Chowders are soups that are made with milk and potatoes. Fish and clam chowder are especially well known. Milk is also an ingredient in various soups that are called cream soups, such as cream of tomato and mushroom. Oyster stew is a kind of **thick** chowder made with oysters. Everything is **stewed** slowly for a long time. Stews are very similar to soups, but they are always thicker: that is, they contain more solid ingredients. Another favorite stew is beef stew, made with **chunks** of beef and potatoes, slices of carrot, peas, and pieces of onion. A bowl of soup is often served with crackers, a dry, thin and crisp bakery product that comes in a variety of shapes, sizes, and flavors.

Sandwiches are made with almost every kind of bread. In addition to sliced bread, they are made with rolls. Long, round rolls are sliced lengthwise and used for making subs, short for submarines. A chain has popularized the name sub and offers foot-long sandwiches. They are also known as grinders, heroes, hoagies, poor boys, Italian sandwiches and by many other names. These sandwiches contain meat, lettuce, cheese, and almost anything else people want in them.

Many people go to the **deli** (delicatessen) for their sandwiches. The deli specializes in ready-to-eat foods, especially cold sliced meats (called cold cuts), cheeses, and salads. Some delis specialize in Jewish food that is **kosher**, or properly prepared according to Jewish religious customs. “Kosher” can also have a general meaning of “proper.”

Pickles are commonly served with sandwiches. The verb to pickle refers to the practice of keeping food in a special liquid of salt and vinegar so it will not **spoil**. Potato or corn **chips** are often eaten with sandwiches. Chips are thin slices that have been deep-fried or baked. An alternative to potato chips is potato salad, small chunks of potato mixed with hard-boiled eggs, mayonnaise, and celery. A lot of delis now have a salad bar where you can pick whatever salads you want from a large selection of items. (479)

I. Match the phrase on the left with a phrase on the right to form a sentence.

- | | |
|---|-----------------------------|
| 1. A grilled sandwich is cooked _____ | A. food in that deli? |
| 2. She toasted the tuna fish sandwich _____ | B. very slowly. |
| 3. Has the cheese _____ | C. the soup into a bowl. |
| 4. Chowders are _____ | D. stew for lunch. |
| 5. The waiter spooned _____ | E. on a hot, flat surface. |
| 6. My father often has oyster _____ | F. in the toaster oven. |
| 7. Cut the potatoes _____ | G. melted yet? |
| 8. Do they have kosher _____ | H. thicker than soup. |
| 9. This food is spoiled; _____ | I. with a pickle and chips. |
| 10. The sandwich special comes _____ | J. into small chunks. |
| 11. He sipped the hot soup _____ | K. I can't eat it. |

II. Fill in the blanks with a form of a key word.

grilled chips stews spoons toasted pickle
chunks melted thick sip kosher spoiled

- I'll have a _____ cheese sandwich.
- Do you want it _____ or grilled?
- Those slices of bread are too _____. They need to be thinner.
- It's hot. _____ it slowly.
- There aren't many _____ of beef in it.
- _____ are cooked slowly for at least an hour.
- We don't have any soup _____. Use the tea spoons.
- It comes with potato _____ and a _____.
- What she did wasn't very _____.
- Her rude comments _____ a wonderful dinner.
- My ice has _____. May I have some more?

Answers on 120

III. Fill in the blanks with a form of a key word.

1. We're all out of clam chowder. Then I'll have oyster _____.
2. The soup is very hot. Then I'll _____ it slowly.
3. We're all out of potato salad. Then I'll have potato _____.
4. We're all out of tuna. Then I'll have a _____ cheese.
5. That's not right. It just isn't _____.
6. Cook it until it _____, and it's hard to stir.
7. These pieces of meat are big. Then I'll cut them into _____.
8. I don't want it fried or grilled. Then I'll _____ it.
9. I dropped my _____ on the floor. I'll get another for you.
10. This tastes awful. It must be _____.
11. The cheese isn't _____. Then the oven must be off.
12. I picked a lot of cucumbers. Then I'll _____ some.

IV. Fill in the blanks with a form of one of the key words.

Professor Cook's Word Study for Today

Today you were introduced to 12 words. Do you realize that all but one can be used as verbs? Well, they can. But first, which one cannot be a verb? If you said _____, you're right. So let's run down the list.

- A sandwich can be _____, or _____, and cheese can be _____.
- Hot soup can be carefully _____ and _____ into a bowl with a soup spoon.
- To make a stew thicker, it can be _____. And you can _____ vegetables like tomatoes for a long time to make them soft and mushy.
- One way of preserving food is to _____ it.
- To make something smaller you can _____ away at it.
- A large piece of something can be _____. If you do that to meat, it can _____ faster.

Answers

1 Breakfast

I. Match

- 1 - I 6 - D
 2 - E 7 - B
 3 - H 8 - J
 4 - F 9 - G
 5 - C 10 - A

II. Fill in each blank with a form of the key word and a pronoun.

- 1 - sweeten . . it
 2 - scramble . . them
 3 - boil . . them
 4 - fry . . them
 5 - slice . . it
 6 - beat . . them
 7 - chop . . it
 8 - spread . . it
 9 - poach . . them
 10 - grind . . it
 11 - prepare . . it
 12 - mix . . it

III. Fill in

- 1 - prepared . . chopping
 2 - sweeten
 3 - Poached . . boiling
 4 - Scrambled . . frying
 5 - prepared . . mixing, beating, . . mixture
 6 - spread
 7 - sliced
 8 - grind
 9 - fried . . scrambled . . poached/boiled
 10 - prepare

IV. Fill in

- prepared . . slice . .
 spread , , grind . .
 sweeten . . mixture . .
 chopped . .
 mixed/scrambled . .
 sliced . . mixture . .
 spread . . sliced . .
 sweeten

2 Cereals, Breads, and Pastries

I. Match

- 1 - D 7 - H
 2 - L 8 - B
 3 - C 9 - K
 4 - G 10 - F
 5 - J 11 - E
 6 - A 12 - I

II. Fill in

- 1 - process
 2 - flake
 3 - coat
 4 - split
 5 - nutrition
 6 - baked
 7 - snack
 8 - ingredients
 9 - crisp
 10 - crunchy
 11 - fortify
 12 - Powdered

III. Fill in

- 1 - flakes . . flakes
 2 - ingredient
 3 - coated
 4 - baking
 5 - snack
 6 - process
 7 - forts/fortifications
 8 - nutrition
 9 - crispness . . crunchy
 10 - split
 11 - Powder . . powder

IV. Fill in

- flakes . . powder . .
 coated . . nutritious . .
 crisp . . crunched . .
 baked . . ingredients . .
 processed . . crunchy . .
 splitting . . snack . .
 fortified

3 Breakfast + Lunch = Brunch

I. Match

- 1 - E 7 - F
 2 - G 8 - K
 3 - H 9 - L
 4 - I 10 - C
 5 - B 11 - A
 6 - J 12 - D

II. Fill in

- 1 - alcohol
 2 - stir
 3 - occasionally
 4 - Smoking/curing . . preserving
 5 - fancy
 6 - squeeze . . brew
 7 - sweet tooth
 8 - appetizer
 9 - socialize

III. Fill in

- 1 - stirrer
 2 - smoked
 3 - fancy
 4 - Brewed
 5 - sweet tooth
 6 - squeeze
 7 - appetizer
 8 - socializing
 9 - occasion
 10 - alcohol
 11 - preserve
 12 - cure

IV. Fill in

- socializing . . fancy . .
 smoked . . cured . .
 alcoholic . . stirrers . .
 preservatives . .
 brewing . . squeezing . .
 sweet . . occasion . .
 appetizer

4 Lunch

I. Match

- 1 - E 7 - J
 2 - F 8 - A
 3 - G 9 - K
 4 - H 10 - I
 5 - C 11 - B
 6 - D

II. Fill in

- 1 - grilled
 2 - toasted
 3 - thick
 4 - Sip
 5 - chunks
 6 - Stews
 7 - spoons
 8 - chips . . pickle
 9 - kosher
 10 - spoiled
 11 - melted

III. Fill in

- 1 - stew
 2 - sip
 3 - chips
 4 - grilled
 5 - kosher
 6 - thickens
 7 - chunks
 8 - toast
 9 - spoon
 10 - spoiled
 11 - melted
 12 - pickle

IV. Fill in

- kosher . . grilled . .
 toasted . . melted . .
 sipped . . spooned . .
 thickened . . stew . .
 pickle . . chip . .
 chunked . . spoil